

Leelanau County Senior Services

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Suttons Bay, MI 49682

Phone: (231) 256-8121

Fax: (231) 256-8129

www.leelanau.gov/seniorservices.asp

seniorinfo@leelanau.gov

Hours: 9:00 a.m. - 5:00 p.m.

Monday - Friday

April Missias

Director

Nancy Begeman

Assistant Director

Armanda Krantz

Program Assistant

Chet Janik

County Administrator

(231) 256-9711

County Commissioners

Rick Robbins

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& a portion of the City of Traverse City)

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twessell@leelanau.gov

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(231) 218-8496

psoutaslittle@leelanau.gov

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(Cleveland, Empire &
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(231) 228-6763

gallgaier@leelanau.gov

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(Solon & Kasson Townships)

(231) 947-2509

mlautner@leelanau.gov

THE LEELANAU CONNECTION

Striving to celebrate and support seniors within our community

Dear Friends,

Two of my favorite words are resilience and serendipitous.

Resilience: the capacity to recover quickly from difficulties.

Serendipitous: occurring or discovered by chance in a happy beneficial way.

My personal life and professional career are intermingled with experiences and people to provide me with opportunities to experience the breadth of these two words.

In December of 2012, I began my tenure as the Director of Leelanau County Senior Services and was charged with assisting LCSS and the wonderful people of Leelanau County it serves to discover how resilient we are as an organization and community as we journey through change together. It continues to be serendipitous that I am able to meet so many wonderful people that never cease to inspire me or share some needed wisdom at the perfect time.

During these past few years, there continues to be one person that has been a constant in my life and work, Nancy Begeman. Nancy is the LCSS Assistant Director and a dear friend. Together, we have served seniors side by side. We have been travelling companions as we have delivered food, medical equipment, Comfort & Joy bags, etc. We have attended community meetings, organized educational and social events, and have spent many hours brainstorming creative approaches to meeting the needs of our growing senior population. We have been privy to the events of each other's lives as well as many of yours. These past eight plus years we have shed a tear or two at times, celebrated small and large victories and laughed until we cried. So, it is with excitement for her and sadness for me and LCSS that I inform you Nancy will be retiring from LCSS on July 9. I cannot begin to express to you how serendipitous it was for Nancy to cross my path, and know that many of you share this same sentiment. If you have a moment, please drop her a note sharing a favorite memory, words of gratitude for her dedicated service, or cheers for the next chapter in her life. All correspondence can be mailed to the LCSS office.

LCSS will be resilient as we traverse these changes and prepare to welcome a new member to our staff. Nancy is not replaceable, but we are hopeful we will find the perfect person to carry the workload and heart as we continue to strive to celebrate and support seniors within our county and communities.

Warmly,

April

Who We Are

Leelanau County Senior Services provides a variety of programs and services to meet the growing needs of seniors. We recognize that all needs are different and strive to take a holistic approach to provide a range of services and programs that address the unique physical, social, and emotional needs of our seniors.

Our programs are designed to support our senior's lives:

- ♦ Personal Care*
- ♦ Respite Care*
- ♦ Homemaker*
- ♦ Medication Management*
- ♦ Medical Transportation
- ♦ Foot Care Vouchers

We also offer limited financial assistance for seniors who meet certain income and asset guidelines:

- ♦ Dental Assistance
- ♦ Eye Glass Assistance
- ♦ Hearing Aid Assistance
- ♦ Heating/Utility Assistance
- ♦ Legal Assistance
- ♦ Unmet Needs Assistance
- ♦ Project Fresh Coupons**

Promoting Safety:

- ♦ Emergency 911 Cell Phone
- ♦ PERS (Personal Emergency Response System)
- ♦ File of Life
- ♦ Medical Equipment Loan Closet

Social Activities:

- ♦ Euchre
- ♦ Bitesize Learning
- ♦ Senior Expo
- ♦ Coffee Connections
- ♦ Lunch Bunch

* Income and asset tested through application and home evaluation process.

** Funded by USDA

Fall Programs

With more and more places and group functions opening up after a long COVID year, we are talking about restarting up some of our programs. We are entertaining the thought of holding technology classes under our "Bitesize Learning" informational sessions.

Before COVID hit we had asked you to let us know what it was that you needed help with in the tech world. Some of you responded with requesting smart phone help, how to stream music, videos, and tv channels, cutting the cable/satellite cords, how to buy on Amazon..... the list went on and on.

We would like to coordinate with other organizations, libraries and volunteers to provide this service. We are again taking a survey – what are your tech questions?
Please call us at 256-8121 and let us know.

Also, please inform us about other programs that you have an interest in or would like to participate in.

We have a new e-mail address:

If you would like to receive our newsletter via email instead of postal service, please email us at our new address and we'll add you to our list.

seniorinfo@leelanau.gov

Want to keep updated?

Leelanau County Senior Services



**Like us on
Facebook**

C.S.F.P.

The Commodity Supplemental Food Program

(CSFP) is a nutrition education program providing monthly supplemental foods to help promote health for people 60 years of age or older who meet income guidelines.

Q. INCOME REQUIREMENTS

Less than
\$1,396 Month or \$16,744 Yr

Q. WHAT DO I NEED TO SIGN UP?

Picture Identification
(driver's license, state ID, or passport)
Proof of household income

Q. HOW DO I SIGN UP?

Call: Northwest Michigan
Community Action Agency
1-800-443-2297

or
Leelanau Christian
Neighbors
7322 E Duck Lake Rd
Lake Leelanau, MI 49653
During distribution date/
time

Q. WHEN DO I SIGN UP AND PICK UP FOOD?

The third Tuesday of every
month from
12:00 p.m. - 1:00 p.m.

Q. WHAT WILL I RECEIVE?

Your monthly food package
may contain:

Juice
Canned fruits
Canned vegetables
Milk (dry or evaporated)
Cereal
Cheese
A varied starch item
A varied protein item

Advocacy

LCSS is an avid proponent of self-advocacy. We have fielded several calls recently with questions regarding the vaccination status of caregivers who are coming into their homes to provide services. The vaccination status of someone is protected private healthcare information. A healthcare worker does not have to respond to your inquiries about their vaccination status.

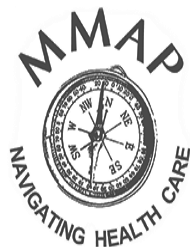
We can understand the concerns and questions many of you are having. If you are uncomfortable with someone coming into your home that is not vaccinated, we encourage you to speak with the organization affiliated with your caregiver to address your concerns.

Your concerns or a request for a vaccinated caregiver may not be able to be accommodated. Subsequently, you have the choice to either not have caregiving support for a period of time until you are comfortable, or you can confirm when a caregiver comes into your home, they are taking precautions to protect you and themselves by washing hands, wearing a mask and appropriate personal protective equipment.

It is also important that you report any possible exposure to COVID-19 or if you are not feeling well to the homecare provider, so that they can protect their home health workers as well.

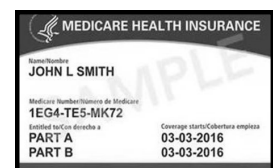
Stay Safe!

Medicare/Medicaid Assistance Program (MMAP)



We are very lucky to have Bruce Barnes, a MMAP counselor from the Area Agency on Aging, sharing his expertise while providing assistance to seniors regarding Medicare and Medicaid. He holds office hours twice a month here at the Government Center and can work with you in person or over the phone. He can help you get signed up for Medicare or Medicaid, choose a health care or drug plan, or see if you may be eligible to have your part B Medicare premiums or prescription drug plans paid for through a state assistance Medicaid benefit if you meet income and asset levels. Please call the LCSS office at 231-256-8121 to make an appointment to talk with Bruce.

There is no charge for this invaluable service.



**Fire and Rescue
Non Emergency
Numbers:**

Sheriff's Office
256-8800
Cedar Fire and Rescue
228-5396
Elmwood Twp
Fire & Rescue
941-1647
Glen Lake Fire Dept.
Station 1: Glen Arbor
334-3279
Station 2: Empire
326-5250
Grand Traverse Band
Fire/Rescue
534-7666
Leelanau Township Fire
386-5343
Leland Fire and Rescue
256-7760
Suttons Bay-Bingham
Fire/Rescue
271-6978

K-9 Team

"Klouse" is trained in tracking, building searches, handler protection, articles searches and narcotics detection. Klouse is handled by Corporal Ryan Lott.



Summer is here.....so is the heat

It's important for your body to have plenty of fluids each day. Water helps you digest your food, absorb nutrients from food, and then get rid of the unused waste. Water is found in foods - both solids and liquids, as well as in its natural state.

With age, you might lose some of your sense of thirst. To further complicate matters, some medicines might make it even more important to have plenty of fluids. Remember, water is a good way to add fluids to your daily routine without adding calories.

Try these tips for getting enough fluids:

- ◆ Don't wait until you feel thirsty to drink water or other fluids.
- ◆ Take sips of water, milk, or juice between bites during meals.
- ◆ Add liquids throughout the day.
- ◆ Have a cup of low-fat soup as an afternoon snack.
- ◆ Drink a full glass of water when you take a pill.
- ◆ Have a glass of water before you exercise.
- ◆ Drink fat-free or low-fat milk, or other drinks without added sugars.
- ◆ If you drink alcoholic beverages, do so sensibly and in moderation. That means up to one drink per day for women and up to two drinks for men.
- ◆ Don't stop drinking liquids if you have a urinary control problem. Talk with your doctor about treatment.
- ◆ "When you pass the sink....take a drink." - Cathy Hartesvelt

10 Reasons To Drink More Water

1. Keeps skin healthy and glowing
2. Energizes the muscles
3. Suppresses over eating
4. Helps to lose weight
5. Fights bloating
6. Regulates body temperature
7. Boosts immune system
8. Keep kidneys healthy
9. Detoxifies
10. It is the best non-calorie beverage



Smart911 is now available in our area and available through out most of northern Michigan and the U.P.

How It Works



Sign Up for Smart911 and create a secure Safety Profile for your household.



If you ever call 9-1-1, the call taker can see the emergency information you want them to see.



Emergency Responders can then use this key information to help you faster and more efficiently.

Security and Privacy



You Decide What to Include

Provide as much or as little information as you want. Smart911 only asks for information that is relevant to aid emergency response.



Only Seen If You Call 9-1-1

Your information is only available to 9-1-1 call takers and first responders if you have an emergency.



Industry Leading Security

Your information is housed in top-tier secure facilities complete with 24/7 physical security, video surveillance, and alarms. We utilize the same SSL certificate authority and encryption technologies used by leading financial institutions.



Keep Your Loved Ones Safe.

Smart911 is the only way to provide lifesaving information directly to 9-1-1 and first responders in an emergency.

Smart911 is free, private, secure, and protects over 31 million people nationwide.

As Seen On...



Smart911.com™

Because every second counts. Sign up today.



Smart911.com™

Because every second counts. Sign up today.

99%

of Smart911 users would recommend Smart911 as an essential tool for personal safety.

11 minutes

The amount of time saved by Smart911 in response to a house fire in Michigan, saving the homeowner's life.

31.1 million

The number of residents protected by Smart911 nationwide.

What Can My Smart911 Safety Profile Include?



Family

Include all members of your household, including their photos. You can also add all landlines and mobile numbers and who they belong to.



Address Details

Let responders know how to access your home, bedrooms, utility shut offs, and if you live in a multi-unit building.



Medical Information

EMS can be aware of medical conditions, medications, and if special equipment will be needed in an emergency.



Animals

Add your pets, service animals, and livestock, including their names and vet information so responders are aware of them if they need to enter your home.



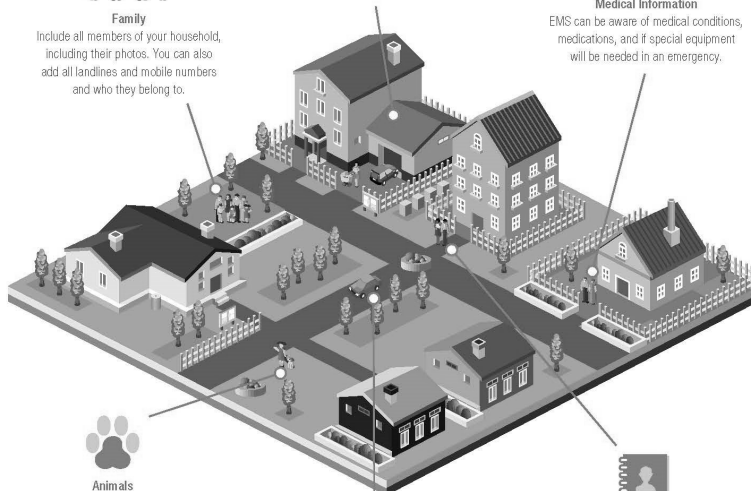
Vehicles

Add details such as make, model, and license plate number in the event of an accident.



Emergency Contacts

Include family members, friends, or neighbors who should be contacted in the event of an emergency.



Dog Days of Summer

Come and get your hot dog, chili dog, corn dog, chili cheese dog, kraut dog, Polish dog and foot long the list goes on and on.

With the dog days of summer also comes outdoor grilling, family and friends gathering and lots of hot dogs. That got us thinking of the yummy different styles of hot dogs there are; whether it be a home made dog from your favorite local store in our area or a commercial brand. Here are our favorite ways to have a hot dog.

April's favorite is a corn dog from the fair. If she is having a regular dog at home she loves them grilled with ketchup and her mom's homemade sweet relish. Nancy loves natural casing Koegel Viennas, 2 minutes in the air fryer with yellow

mustard and no bun. Victoria boils her dogs until the skin splits and has to have yellow mustard and onions. Armanda's all time favorite hot dog doesn't come from any store. She will tell you the best dogs come from her brother John Forton who makes them from an old family recipe passed down generations. Armanda loves to eat them cold, they have an amazing snap and the flavor is great.



LCSS would love to know what your favorite style hot dog is, so give us a call or drop us an e-mail and let us know.

If you're looking to try something different with your dog, below are a few favorites from around the U.S.:

Chicago Dog: From Chicago, IL - Vienna Beef franks are the standard in the Windy City, but the toppings are what really make a Chicago-style hot dog impossible to miss. The dog itself is steamed and placed in a poppy seed-encrusted bun, then it's "dragged-though-the-garden"—i.e., topped with tomato slices, celery salt, dill pickle spears, chopped white onions, green onion relish, sport peppers, and yellow mustard.

Detroit Coney: From Detroit, MI - These dogs are on the smaller side. All-beef dogs are served in a steamed bun and loaded up with Coney Sauce (a beanless chili sauce), mustard, chopped onions, and shredded cheddar cheese.


New York Dog: From New York, NY - This classic variety is a Kosher all beef dog, either skinless or with a natural casing. Typically griddled and topped with sauerkraut and a smear of mustard.

Kansas City Reuben Hot Dog: From Kansas City, MO - The frank itself is all-beef and is topped with melted cheese, caraway seeds, sauerkraut and plenty of Thousand Island dressing.

Slaw Dog: From the Southern U.S. - This dog is an all-beef dog smothered in either creamy or BBQ homemade coleslaw, meaty chili, raw Vidalia onion, optional yellow mustard, and served in a traditional soft bun.

Seattle-style dog: From Seattle, WA - A frank or brat, first grilled, split in half, and rested on a toasted bun, then covered in cream cheese, grilled onions, jalapenos, and grilled cabbage, with optional additions of Sriracha, BBQ sauce or salsa.

July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 	5 Office Closed	6 Empire Food Pantry 5-6	7	8 MMAP Specialist	9	10
11	12 LCN 2-6	13 Empire Food Pantry 5-6	14	15	16	17
18	19 LCN 2-6	20 Empire Food Pantry 5-6 Commodities 12-1	21	22 MMAP Specialist	23	24
25	26 LCN 2-6	27 Empire Food Pantry 5-6	28	29	30	31

*Food Commodity or Surplus every 3rd
Tuesday of every month*

August 2021

*For more information on surplus &
commodities: 1 (800) 632-7334*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 LCN 2-6	10 Empire Food Pantry 5-6	11	12	13	14
15	16 LCN 2-6	17 Empire Food Pantry 5-6 Commodities 12-1	18	19	20	21
22	23 LCN 2-6	24 Empire Food Pantry 5-6	25	26	27	28
29	30 LCN 2-6	31 Empire Food Pantry 5-6				

Food Corner

Summer is here with fresh fruit from our amazing county. I dove deep into my recipe box and came up with two wonderful yummy dips for dipping our fruit in. Enjoy ~ Armanda

Chocolate Fondue for Fruit

2/3 c. KARO light or dark corn syrup
1/2 c. heavy or whipping cream
1 pkg (8 oz.) Baker's semi-sweet chocolate
Assorted fresh fruit

In medium saucepan stir corn syrup and cream. Bring to a boil over medium heat. Remove from heat. Add chocolate; stir until completely melted. Serve warm as a dip for fruit. Makes 1 1/2 cups

Reminder:

Some foods do not mix well with medication. Please remember to check with your doctor or pharmacist on what foods to avoid while taking certain medications.



Yogurt Fruit Dip

8 oz. cream cheese (softened)
10 oz. vanilla yogurt
1/3 c. brown sugar
1 tsp. vanilla

Mix together with a mixer and chill.

(Optional: Add 3/4 c. chopped cashews)

Low on food? LCSS can help!

We here at LCSS love cooking and eating. We share recipes, talk about what we created for last night's dinner, and if we are lucky, we get a tasting.

When the pandemic began, we were saddened to learn how many of our residents and community members don't always have enough to eat, and due to fixed budgets are not always able to purchase fresh produce, or partake of some of the simple pleasures in life such as coffee/tea. We recognize that it is difficult to ask for help, especially when it comes to food; we do not want anyone to go without.

We are well connected with organizations and resources available to assist seniors in meeting their dietary needs. We are firm believers in not saying "no" when it comes to donations and access to resources. As a result, we may be able to assist you in meeting your basic needs as well as occasionally be able to offer some of those simple pleasures in life: coffee, apples, fresh produce.

If you or someone you know struggles to purchase or even be able to get to a store please reach out to us. We would love to work with you to ensure your belly and heart are full.

Scam Alert

The last two editions of the “Scam Alert” column have addressed fraudulent activity as it relates to the Covid-19 pandemic. In this edition, we will provide another update based on current information in an effort to help everyone remain vigilant about Covid-19 scams. Unfortunately, fraud perpetrators continue to prey upon unsuspecting victims in an effort to use the pandemic to make money illegally. We expect that this will continue for some time; thus, it is important to remain alert as to the nature of these schemes. Please keep in mind that this information was current as of the date of this writing; however, it is a good idea to check the various government websites regularly as information is updated often.

Covid-19 scams: Some interesting new twists on well-known scams

According to the website, www.usa.gov/Covid-scams, the following represent some additional current Covid-19 scams. Fraud perpetrators are always looking for new opportunities to defraud unsuspecting victims so please keep in mind that some of the fraud schemes listed below are nothing more than variations of past scams that we have monitored and mentioned in this newsletter for the past few years.

- **Identity theft when people post a photo of their vaccination card on social media** - Do not post a photo of your vaccination card online. Scammers can see and steal your name, birthdate, and other personal information.
- **Covid-19 testing, vaccine, and treatment scams** - While many people have now been vaccinated, there are many other individuals who may have yet to receive the vaccine. Be aware that scammers are targeting Medicare recipients in an effort to steal their personal information.
- **Charity scams** - Fake charities pop up during disasters and the pandemic has been no exception. If you wish to donate money to a charity, be sure to conduct proper due diligence first. Research the charity thoroughly by calling them and asking questions before sending any money.
- **Checks from the government** - Scammers say they are from the IRS or another government agency. They ask for your personal information or try to charge you fake fees for getting your stimulus check or offer you a way to get the money early. IRS scams have been around for many years but it appears that with the distribution of stimulus checks and the coronavirus, the IRS scams have continued and have become increasingly sophisticated.
- **Grandparent and military service member scams** - A scammer pretends to be a grandchild or a military service member. They say they are sick or in trouble because of the coronavirus. They contact you asking to wire them money to pay for fake medical or travel expenses. Be aware that this is a twist on the well-known “Grandparent Scam” that has been around for many years.

Covid-19 funeral assistance scam - Scammers pretend to be from FEMA's Covid-19 Funeral Assistance Program and call to offer program registration to family members of people who have died from Covid-19. In this way, the scammers can steal the family members' Social Security numbers and other forms of identification.

As a reminder from the last edition of the “Scam Alert” column, according to the U.S. Department of Health and Human Services website, below are a few steps which should be taken to protect yourself from a possible Covid-19 scam:

- Beneficiaries should be cautious of unsolicited requests for their Medicare or Medicaid numbers or personal/medical/financial information. Medicare will not call beneficiaries to offer Covid-19 related products, services, or benefit review.
- Be suspicious of any unexpected calls or visitors offering Covid-19 tests or supplies. If you receive a suspicious call, hang up immediately. Keep in mind that if your personal information is compromised, it may be used in other fraud schemes.
- Do not respond to, or open hyperlinks in, text messages about Covid-19 from unknown individuals.
- Ignore offers or advertisements for Covid-19 testing or treatments on social media sites. If you make an appointment for a Covid-19 test online, ensure the location is an actual testing site.
- Be aware of scammers pretending to be Covid-19 contact tracers. Legitimate contact tracers will never ask for your Medicare number, financial information, or attempt to set up a Covid-19 test for you and collect payment information for the test.
- If you suspect Covid-19 health care fraud, report it immediately online or call 800-HHS-TIPS (800-447-8477).

Please do not hesitate to report fraudulent activity by contacting the National Center for Disaster Fraud hotline at 866-720-5721 or email disaster@leo.gov. In addition, scams can also be reported to the Federal Bureau of Investigation (FBI) on their website at: tips.fbi.gov.

Additional things to consider

There continues to be concern about price gouging as a result of the pandemic. According to the USA.gov/Covid-scams website, we should be on the lookout for price gouging relative to items such as face masks, hand sanitizer and other personal care or household products. If you suspect price gouging, do not hesitate to report this activity to the office of Dana Nessel, who is the Attorney General for the State of Michigan.

The website for the Michigan Department of Attorney General is: <https://www.michigan.gov/ag/>.

The Leelanau County Senior Services office reminds you to please remain alert at all times and look out for the welfare of your friends and family members, too. If you suspect fraudulent activity in the Leelanau County area, please contact the office at (231) 256-8121 and, with permission, we can post your story anonymously on our Facebook page if you wish to share your experience as a victim of fraud.

Have an enjoyable summer here in beautiful northern Michigan! Stay healthy!

References: Scams related to Covid-19. May 10, 2021. Retrieved from: <https://www.usa.gov/covid-scams>.

U.S. Department of Health and Human Services: Office of Inspector General. Retrieved from: <https://oig.hhs.gov/coronavirus/fraud-alert-covid19.asp>.

Food Pantries:

Leelanau Christian Neighbors is continuing to provide food pantry services on Mondays -2 p.m. to 6 p.m. If you are in need of food and are unable to drive and do not have someone to pick up food for you, please call LCSS and we will coordinate efforts to ensure you receive the food you need.

The Empire Food Pantry is continuing to provide food pantry services on Tuesday evenings at 5 p.m. The food pantry is operating out of the Glen Lake Reformed Church at 4902 W MacFarlane Rd. You can call them with any questions at 231-334-4563. If you are unable to drive or have someone pick up food for you please contact LCSS and we will coordinate efforts to ensure you receive the food you need.

Meals on Wheels: Meals on Wheels services are continuing with the delivery of five to seven frozen meals once a week. Due to COVID-19, and the number of people struggling to access food, we have temporarily signed up a number of people for MOW during this time. If you, or someone you know could benefit from receiving MOW please contact our office for assistance.



Senior Project Fresh Coupons Available



The US Department of Agriculture has provided LCSS with coupon packs for seniors to be able to pick up fresh local produce/fruit at our local farmers markets.

To be able to acquire the coupons, seniors must meet the following requirements.

- ◆ Applicant must be 60 years of age or older at time of application
- ◆ The main residence of the LCSS applicant must reside in Leelanau County (please provide state issued identification; driver's license, identification card or voter's identification card)
- ◆ Total household income must not exceed 185% of poverty (as certified by your signature on the application form)
 - Household of 1 person income is less than \$23,828
 - Household of 2 persons income is less than \$32,227

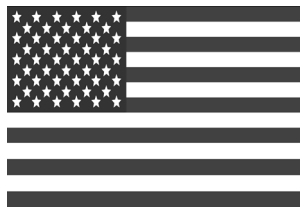
Applications are available at the LCSS office in the Government Center. Each applicant must fill out a separate application form even if they are in the same household.

LCSS is limited to 100 coupon packets, so first come first served.

If you have any questions or would like an application, please call LCSS (231) 256-8121

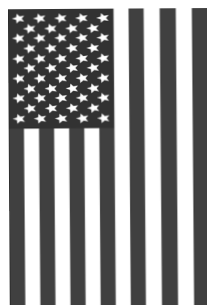


American Flag Etiquette



When the flag is displayed on the flag pole, it should be raised quickly and lowered slowly.

The flag should never touch the ground.



To display the flag horizontally, the blue square must be on the upper left side from the viewer's point of view.

It is proper to fly the flag at night, but only if it is spotlighted.

Veterans services and support

Veterans Affairs

(Disability, Pension, Death
Benefits, etc.)

1-231-995-6070

A VA representative is at the
Leelanau County
Government Center
on Tuesdays only.
Call for appointment

Grand Traverse County Chapter Disabled American Veterans

(Coordinates
transportation to VA
medical facilities)
1-231-313-9357

VA Clinic

(Health Care)
1-231-932-9720

Vet Center

(Readjustment
Counseling-PTSD)
1-231-935-0051

Supportive Services for Veteran Families

(Homeless Veterans)
1-844-900-0500

Please contact one of these
service providers if you or
someone you know can bene-
fit from any or all of these
resources.

Veterans In Crises

(850) 294-3230

veteransincrisis.org

A community-Based Effort to
Help Veterans in Northern
Michigan

Loan Closet Updated

Our loan closet is busting at the seams with donated items and while the Government Center was closed for so long we have not had people in to “shop”. We are now back open and would like share these items with people in our community that have a need. Please contact us if you can use any of the following items:

Packages of briefs:

Ladies: In the pull up underwear style, we have many packages of Small/ Medium. We have a few packages of Medium and a few packages of XL. We also have the booster or liner pads ie: Prevail daily pads for bladder leaks.

Mens: In the pull up underwear style, we have Small/Medium, Large/XL, and XL
Plus many packages of men’s front liner shields.

In the Side Tab Closure style we have many packages of S,M,L, XL, and XXL

Plus boxes of the blue underliner pads (blue pads)

Miscellaneous items include:

- An IV pole
- Portable Potty Chair
- Bed riser blocks (2 sets)
- A pull along small fold up wire cart
- Bed Rails
- Some grabbers, sock aides (a device to help you put on support hose), a blanket support and a long handled shoe horn.
- We have an abundance of 2 wheel walkers and canes
- 3 wheel walkers - We are not fans of them as they provide less support but they may be easier for some people to use because they can fit through smaller spaces.
- Ideal Pressure Mat Alarm – placed on the floor near the bed, alarm will send when your loved one gets out of bed.

All of these items may be picked up at the Government Center. Please call us and tell us what you are interested in to see if it is still available.

LEELANAU COUNTY SENIOR SERVICES
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THE LEELANAU CONNECTION

Striving to celebrate and support seniors within our community



Leelanau County Senior Services

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